

ARBEST

Arkansas Building Effective Services for Trauma

Parent-Child Interaction Therapy (PCIT) Training Cohort Milestones and Agency Responsibilities

Trainee Milestones and ARBEST Actions*		
Milestone	Time Frame	Action If Not Met
Start First Client	Prior to initial training	Increase publicity; coordinate with intake/front desk staff; re-notify all agency personnel of availability of PCIT services
Start 4 Clients	1 month	Increase publicity; coordinate with intake/front desk staff; re-notify all agency personnel of availability of PCIT services
Send CDI Teach Video	2 months	Resolve barriers to videotaping Increase publicity
Send CDI Coach 1 Video	3 months	Resolve barriers to videotaping Increase publicity
<u>Have 2 Active Clients</u>	Follow-up Training (4 months after initial training)	<ul style="list-style-type: none"> • If NO clients in progress by follow-up training, recommend NOT attending follow-up, discontinuing PCIT training, and focusing on other EBTs. MHP may not be eligible for IMH certification from this point on. • If ONE client in progress by follow-up training, continue with immediate action to increase publicity
Start PDI With 1 Client	5 months	
Send PDI Teach Video	5 months	
Send PDI Coach 1 Video	6 months	
<u>Start PDI With 2nd Client</u>	9 months	<ul style="list-style-type: none"> • If NO active clients by 9 months, recommend discontinuing PCIT training • Remediation plan may be submitted by agency to allow therapist to join a later cohort

*Milestones will be adjusted in cases of medical leave.

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PCIT Milestones Continued

Agency Responsibilities and Guidelines		
Agency Action	Time Frame	ARBEST Action If Not Met
Agency Client Load Evaluation <ul style="list-style-type: none"> Count number of outpatient clients meeting PCIT criteria in past year (e.g., using EMR) 	Application stage (3 months prior to initial training)	Application will not be approved
Agency Publicity Preparation <ul style="list-style-type: none"> Identify local referral sources (pediatricians, day cares, etc.) where publicity materials will be sent when therapists accepted into cohort 	Application stage (3 months prior to initial training)	Application will not be approved <i>Note: Identification only; no publicity efforts required at this point</i>
Agency Publicity Efforts	After application approved ARBEST will provide publicity starter kit	Consultation and/or ARBEST assistance with publicity
Internal Agency Referral Preparation <ul style="list-style-type: none"> Ensure intake personnel are informed of availability of young child services and appropriate of therapists to refer these clients to Inform all agency therapists and personnel of the availability of PCIT services 	After application approved (1-2 months prior to initial training) ARBEST will provide sample notification emails	
Director/Supervisor Consultation Calls <ul style="list-style-type: none"> Agency directors and therapist supervisors for a cohort will have consultation call with ARBEST every other month to discuss challenges and solutions to therapist progress 	First 6 months of cohort training process (3 calls total)	